

ABSTRACT

Human resources are the foundation for companies to achieve company goals. One of the way that can be done by companies to be able to manage and improve the quality of performance of human resources owned is by implementing training programs that are expected to improve performance.

This research was conducted to determine the influence of training on employee performance at PT PLN (Persero) Transmission of Middle Java. In this research the method used is quantitative method with a descriptive study. The sample used is employees of PT PLN (Persero) Transmission of Middle Java as many as 70 people used the Probability Sampling technique with sampling using the Simple Random Sampling technique.

Based on the results of a simple linear regression test, the respondent's response to training was in a good category with a score of 78.87%. While the responses of respondents regarding performance are in good category with a score of 76.61%. The results of the study also showed that the training variable (X) had a positive and significant effect on performance (Y). The result show that training are affected by 33,4% towards employee performance, meanwhile the rest are affected by another variable that are not researched in this research.

Keywords : Human Resources Management, Training, Employee Performance