

ABSTRACT

This research was conducted at PT. Supra Primatama (Biznet Networks). PT. Supra Primatama (Biznet Networks) is a company focused on telecommunications and multimedia, which is committed to building modern infrastructure with the aim of reducing the digital divide between Indonesia and other developing countries. Biznet owns and operates the most sophisticated Fiber Optic network and the largest data center in Indonesia.

This study aims to determine the effect of work stress and on employee performance (case study at PT. Supra Primatama (Biznet Network) Cirebon). The research method used is a quantitative method with a type of descriptive research and uses a simple linear regression model. Nonprobability sampling sampling technique with saturated sampling derivatives. With a sample of 23 people.

Based on the results of the hypothesis partially (t test), Job Stress has an effect on Employee Performance, this is proven ($-3,681 < -2,080$). Based on the coefficient of determination it is found that work stress has an effect of 39.2% on employee performance, while the remaining 60.8% is influenced by other variables not examined such as workload, taqwa faith, work environment

Keywords: work stress, employee performance, Human Resources