

ABSTRACT

Body health is the most important thing to always be taken care of, and one of them is eyes. Eyes are one of the five senses that have a very important function for humankind that is vision. However, there are still many people who have not taken care of their eyes as they should be. The level of public awareness of eye health is still lacking, especially in developing countries such as Indonesia. It is clear from the fact that Indonesia is the second country with the largest number of cataract patients in the world. Not only that, refractive abnormalities and eye cancer are the two most common diseases suffered by Indonesians, with no exception to children. Children are still very susceptible to various diseases, especially diseases caused by bacterial and viral infections. Another factor that can affect the health of the child's eyes is the child's diet. Therefore, education is needed for parents and also children about eye health to minimize the risk. The writer will design an educational media that aims to provide information about eye health of children in the form of books. The writer will collect data needed for composing the book in accordance to research methods that have been chosen, interviewing sources, spreading questionnaires, literature review, and comparison matrix. This book is not only for parents but also for children, hence it is made with illustrations accompanied by easy-to-understand language.

Keywords: Eyes, Children, Health, Illustration Books, Dietary Habit.