

Abstract

Humans have primary needs in their live. One of the main human needs is healthy needs. Health on the human self certainly plays a very important role so that people can do all activities well. According to WHO (World Health Organization) health is a state of physical, mental, and social well-being and not just the absence of disease or weakness. Bandung with a population density of 2,490,622 (29 August 2017), some people have solid working activities and tend to have high levels of stress and fatigue physically and mentally. To maintain the physical and mental health of the community requires health care that can minimize the level of stress and fatigue. Such health care activities require the character of an environment / space that supports and supports physical and mental health. The design of a relaxed environment that is applied to the interior of the spa can be achieved by relying on the stimulation of the human Indra. Various kinds of spa treatments there are many, one of them is Ayurvedic (Ayurveda) spa. Ayurveda is a health science originating from the State of India. Globally Ayurveda science is known as the science that discusses the treatment that uses natural ingredients as a medium of treatment. Not only those derived from organic crops and spices, but Ayurveda is also sourced from minerals such as sulfur to heavy metals such as mercury. Ayurvedic spa is a classification of spa facilities that provide Indian spa treatment facilities

Keyword : Spa, Ayurveda, Ayurvedic, Indian