

Nowadays, people are tend to be instant in every daily activites such as work and study. With that kind of instant and full daily activities, people are easy to get stressfull and doesnt concern of their healt and what they had consume everyday, is it healty or not? But, nowadays, there're a lot of places, like spa or salon, that you could spoil yourself such as body treatment, hair treatment, and done such wellness activites to reduce your stress and recharge your mind and body. But, there's still a couple of spa that focus on long-term result, that could teach you how to eat healty and how to make it, foudcs on what treatment do you need include on your problems that you had.

Destination spa is a spa that could focus on your healt and how to manage your healthness after you've done the treatment. In destination spa, you choose the programm that you need base on your problems and you have to stay at the spa to have a better result of the treatment. Sadly, in Indonesia, a spa like destination spa is still hard to find. Hopefully, with this final assigment of interior design planning of destination spa will make a better spa that could focus on personal body healt with a long-term result in Indonesia.