

ABSTRACT

Human resource are countable people's who works and has a function as organization assets. And humans resource can be potentially becomes machine of the organization. This research was taking place at PT Bank Negara Indonesia (Persero) Tbk Unit UMUM SDM Kantor Cabang Utama Jalan Perintis Kemerdekaan Bandung. This research aim to find the impact of job stress on employees performance at PT Bank Negara Indonesia (Persero) Tbk Unit UMUM SDM Kantor Cabang Utama Jalan Perintis Kemerdekaan Bandung.

This methode that used in the research is quantitative with causal descriptive. The research data collected by the questionare to 30 employees. Sampling technique that use here is saturated sample and processed descriptive analysis and simple linear regression.

The result of the research said that respondents answer to work stress variable with the score 58.74% in the category "high enough" and work performance variable with the score 78.1% in the "high" category. Which means that jod stress affected the employee's performance at PT Bank Negara Indonesia (Persero) Tbk Unit UMUM SDM Kantor Cabang Utama Jalan Perintis Kemerdekaan Bandung with the contribution for 75.1%.

Keywords: Job Stress, Employee Performance, Human Resource