

ABSTRACT

Nowadays, Indonesian sports branches are demanding for more human resources for athletes with a greater quality so they can compete with the other more advanced nations. In some sports branches, an athlete has to have a higher physical competence than in some other sports branches. Besides producing great quality athletes, the demand to improve an athlete's healthcare are increasing due to the fact that health is the main aspect in supporting the athlete's performance, so he or she could have a long lasting career. Many athletes in Indonesia cannot excel in many achievements in the long run, because the healthcare facility in the country cannot accommodate an athlete's health needs. So it is necessary to design a sports medicine rehabilitation center in Indonesia. A sports medicine rehabilitation center is a place where they accommodate any facility to restore human health, whether it is mentally or physically, to its original state. In this case it is a resurrection of a human body from a sports injury to its primary condition. The purpose of this interior planning is to create a sports medicine rehabilitation center that uses the function of interior design to influence the user's psychology to fasten the rehabilitation process of the athlete's body. The sports medicine rehabilitation center is a facility that provides it's user a relaxation atmosphere and to reduce the patients stress level. It is needed to have an interior that balances out all of the aspects in this building to create a healthy environment. But an interior space will certainly not be separated from materials or man-made environment. So it takes a harmony between the natural environment with artificial to realize a new interior environment that can provide good psychological effects for patients.

Keywords: Rehabilitation Center, Sports Medicine, Relaxation, Harmony