

ABSTRACT

Food Combining is proper diet which is adjusted with the nutritional needs and aims to meet the balance of nutrition intake to provide energy for the body. With the progress of technology in the form of social media then there formed a community to facilitate communication and sharing between members in the whole of Indonesia and admin of the community, to deepen the understanding of the members of the Food Combining, the community called Food Combining Indonesia. The members who recently joined in this community have idleness read an existing FAQ. Due to the material that is given in the form of full text, so many members ask the same thing that has been discussed in the previous forum. Therefore needed a application digital media learning about Food Combining based on Android, which can be an alternative for all members who have different learning types - vary namely including visualis, auditoris, and kinesthetic. With the members who have learning nature visualis, can learn with media Games, videos and pictures. For members who have learning auditoris nature can learn with media FAQs on change to audio formats. For members who have learning kinesthetic nature can learn with media quiz. And for the members who have nature is easy to forget the rules of the time eat the Food Combining can use the features of the alarm. Application digital media learning to Food Combining is based on the Android and the MySQL Database.

Keywords: Community Food Combining, FAQ, Android, MySQL