

ABSTRACT

This study aims to determine the effect of work stress on the performance of lecturer were in seven faculties Telkom University Bandung. Where the independent variable in this research is the work stress variables and the dependent variable is the performance. Work stress variables using the theory of Robbins and Judge (2012), and a variable performance using the theory of Dessler (2007).

This research is done by distributing questionnaires to the lecturer and the data from the questionnaire were analyzed by simple linear regression method. The first phase tested the validity and reliability questions for each variable. Then, regression of work stress variables on the performance of teachers.

The results obtained showed that the stress of work consisting of environmental factors, organizational factors and individual factors, significant and positive impact on the performance of energy. Therefore, it is recommended for those in charge of human resources to carry out special counseling faculty regularly to monitor the extent to which the stress felt by the faculty and watched some of the factors that have a great influence in the creation of job stress.

Key words: Job Stress, Performance, Lecturer.