

## **ABSTRACT**

*For a long time until now for the physical appearance of an individual is one of the things that often receive special attention , an individual seeks to presented himself to show identity want to be transmitted by toward others .On this matter the development of physical is something which are considered important by an individual , especially women who moreover had entered the era of social media which will make a physical standard .For youth who becomes a view more and made it was confident if they do not have the standard , moreover teenager the development of teenagers still have often perubahanbaik physically and sikis , while young people are very noticed the difference and shared the view ourselves about its body this may are categorized as body image as.*

*Adolescent girls greater body image having negative compared teen son , so that the level of confidence adolescent girls lower if compared with teenage son .The thing most often in a notice by adolescent girls according to penelitia taqui dkk is weight , teeth , the skin , and tinggibadan .Weight is the thing most often cared for by adolescent girls until evoked anxiety .Then required application designers userinterface mobile as a means of consultations which princess educate teenagers in building confidence.*

*Then required userinterface design application mobile as a means of consultation educate adolescent girls in building confidence.*

*Keywords: application mobile, the body image, confidence, teenagers, adolescent girls, sharing, women*