

ABSTRACT

Along with the increasing needs of the community and begin shifting the values of people's lifestyles, work is an obligation for nearly every class of society, in order to meet their needs. With routine work every day sometimes issues arise in the workplace, are bored with the monotonous routine, even cause problems in the family environment. This if allowed to drag on, will gradually appear likely exposed to stress. To that end, the need for action to prevent or reduce human stress levels. One way to reduce stress is to do relaxation. However, the existing problems in Indonesia is, there has been no relaxation place special practice a discipline specific design with the aim of relaxation users, based on these relaxing effects that are intended for the costumer focused on services and facilities provided by the venue, so the relaxation effects are reflected in space that affect the user. In this design the relaxing effect you want displayed through artificial lighting can indirectly affect the relaxation process, within ambience effects that has been set in such a way that the user can feel the peace of soul with all of its. The design method in use is to do some of the design process, namely observation and documentation related to the title of the design, with few comparative studies of a kind venue, next is analyze results of data collection, which was then known the desaign problems subsequently searched the literature which then analyzes the activities and needs space, determine the interior concept, sketch ideas design ideas, then design the initial stage, continued to sketch the idea of the idea of design development, then the final design and the final conclusions. So in this final design of the center of body and beauty care in Bandung been the concept of one-stop health and beauty sarvice, as well as creating a relaxed, because the site aims to provide the tranquility and relaxation by utilizing the elements of interior design as a medium of treatment apart from servicing relaxation facilities themselves.

Keywords: Body and Beauty Care Center in Bandung, artificial lighting, Relaxation.