

ABSTRACT

APPLICATION OF HEALING ENVIRONMENT APPROACH IN NEW DESIGN OF RESORT AND SPA CIHIDEUNG BANDUNG

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The highly competitive work environment makes people easily exposed to stress and have an unhealthy lifestyle in urban areas in their daily routines. According to (Trisnari & Wicaksono, 2021) stated that in Indonesia work stress can be a serious problem resulting in a mental emotional disorder rate of 9.8% and 35% of work stress that can be fatal. Besides being known for its rich natural resources, Indonesia also has potential as a health tourism and tourist attraction (Diatmika, 2019). Cihideung village is a village located in West Bandung Regency. Reporting from the article Pancar.id "Cihideung Village has become one of the visits for those visiting Bandung City. Moreover, Cihideung is one of the areas in the West Bandung region whose nature and topography are promising." (Eris, 2023). From the description of the problems and phenomena above, the new design of the Resort and Spa Hotel carries a design that complies with the standards and provides a quality and perfect relaxation and healing experience by carrying out a healing environment approach, which is implemented by presenting complete facilities to present a resort and spa that can accelerate the process of relaxation and healing that is integrated with the surrounding nature.

Keywords : Resort and Spa, Healing Environment, Relaxation.